

PAPER-3 Counselling and Guidance: I

UNIT-1

1. Write an essay on educational guidance.
OR
2. Explain components of vocational guidance.

UNIT-2

1. Narrate the classification of psychological assessments.
OR
2. Explain the significance and types of Aptitude tests.

UNIT-3

1. Outline the components of child interview and explain them.
OR
2. Write an essay on Learning Disability.

UNIT-4

1. Discuss remediation for learning disorders.
OR
2. What is career counselling. Explain career counselling for different groups.

PAPER-4 Counselling and Guidance: II

UNIT-1

1. Explain stages of marital counselling.
OR
2. Describe planning and assessment stages of family therapy.

UNIT-2

1. Explain **a)** Counselling for prevention of elder abuse **b)** Counselling for healthy aging.
OR
2. Explain **a)** Retirement counselling. **b)** Emptynest syndrome.

UNIT-3

1. Discuss causes of organisational stress and explain strategies to deal them.
OR
2. Discuss causes of Absenteeism and explain measures of minimising absenteeism.

UNIT-4

1. Explain principles and types of guided imagery.
OR
2. Explain the significance of Yoga and Mental Health.